

**DISCLOSURE AND CONSENT – RADIATION THERAPY**

**TO THE PATIENT:** You have the right as a patient to be informed about your condition and the recommended radiation therapy procedure to be used to treat your condition. This disclosure is not meant to alarm you; however, there are certain risks which are associated with radiation therapy. This explanation is intended to inform you of those risks so that you may give or withhold your consent to the recommended procedure on an informed basis. Please carefully review the following and if you choose to proceed with this treatment, sign this consent in the space below:

1. I (we) voluntarily request Doctor(s) \_\_\_\_\_ as my physician(s), and such associates, technical assistants and other health care providers as they may deem necessary to treat my condition which has been explained to me (us) as (lay terms): \_\_\_\_\_

2. I (we) understand that my condition may be treated with external beam radiation therapy alone, with internal radiation implant alone or with both or in planned combination with surgery and/or chemotherapy.

3. I understand that the following radiation therapy procedure(s) are planned for me and I (we) consent to and authorize these procedures(s) (**specify technique & region**): \_\_\_\_\_

Region (s):	<input type="checkbox"/> ABDOMEN	<input type="checkbox"/> BREAST
	<input type="checkbox"/> CENTRAL NERVOUS SYSTEM (Brain/Spine)	
	<input type="checkbox"/> EXTREMITY	<input type="checkbox"/> HEAD & NECK
	<input type="checkbox"/> FEMALE PELVIS	<input checked="" type="checkbox"/> MALE PELVIS
	<input type="checkbox"/> SKIN	<input type="checkbox"/> THORAX

4. I (we) further authorize the taking of photographs or placing of tattoo or skin marks necessary for treatment.

5. I (we) understand that there may be side-effects or complications from radiation therapy, either during (“early reactions”) or shortly after the course of treatment (“late reactions”). Any of the side-effects or complications may be temporary or permanent.

6. These reactions may be worsened by chemotherapy or surgery before, during or after radiation therapy or by previous radiation therapy to the same area. Early and late reactions which could occur as a result of the procedure(s) are: **SEE ATTACHMENT FOR SPECIFIC EARLY AND LATE REACTIONS.** With few exceptions, these reactions affect only the areas actually receiving radiation therapy.

7. The nature and purpose of the proposed procedure, the alternative methods of treatment, and the risks and hazards if treatment is withheld have been explained to me (us) by my physician. I (we) have had an opportunity to discuss these matters with my physician and to ask questions about my condition, alternative methods of treatment and the proposed procedure(s). I (we) understand that no warranty or guarantee has been made to me (us) as to result or cure.

**ALL FEMALES MUST COMPLETE:** I (we) understand that radiation can be harmful to the unborn child.

( ) I am pregnant      ( ) I could be pregnant      ( ) I am not pregnant





Radiation Therapy (cont.)

ALL FEMALES MUST COMPLETE: I (we) understand that radiation can be harmful to the unborn child.

( ) I am pregnant ( ) I could be pregnant ( ) I am not pregnant

INITIAL IF APPLICABLE:

I HAVE AN IMPLANTED ELECTRONIC DEVICE (such as a pacemaker, defibrillator or nerve stimulator). I understand radiation to the device can cause malfunction of the device.

8. I (we) authorize University Medical Center to preserve for educational and/or research purposes, or for use in grafts in living persons, or to otherwise dispose of any tissue, parts or organs removed except None

9. I (we) consent to the taking of still photographs, motion pictures, videotapes, or closed circuit television during this procedure.

10. I (we) give permission for a corporate medical representative to be present during my procedure on a consultative basis.

11. I (we) have been given an opportunity to ask questions about my condition, alternative forms of anesthesia and treatment, risks of non-treatment, the procedures to be used, and the risks and hazards involved, potential benefits, risks, or side effects, including potential problems related to recuperation and the likelihood of achieving care, treatment, and service goals. I (we) believe that I (we) have sufficient information to give this informed consent.

12. I (we) certify this form has been fully explained to me and that I (we) have read it or have had it read to me, that the blank spaces have been filled in, and that I (we) understand its contents.

If I (we) do not consent to any of the above provisions, that provision has been corrected.

I have explained the procedure/treatment, including anticipated benefits, significant risks and alternative therapies to the patient or the patient's authorized representative.

Date Time A.M. (P.M.) Printed name of provider/agent Signature of provider/agent

Date Time A.M. (P.M.)

\*Patient/Other legally responsible person signature Relationship (if other than patient)

\*Witness Signature Printed Name

UMC 602 Indiana Avenue, Lubbock, TX 79415

Interpretation/ODI (On Demand Interpreting) Yes No Date/Time (if used)

Alternative forms of communication used Yes No Printed name of interpreter Date/Time

\*\*CONSENT VALID FOR ONE YEAR FROM DATE OF SIGNATURE\*\*





# CONSENT FOR EXAMINATION OF PELVIC REGION

For pelvic examinations under anesthesia for student training purposes.

A "pelvic examination" means a physical examination by a health care practitioner of a patient's external and internal reproductive organs, genitalia, or rectum.

During your procedure, your health care practitioner, or a resident designated by your health care practitioner, may perform or observe a pelvic examination on you while you are anesthetized or unconscious. This is a part of the procedure to which you have consented.

With your further written consent, your health care practitioner may perform, or allow a medical student or resident to perform or observe, a pelvic examination on you while you are anesthetized or unconscious, not as part of your procedure, but for educational purposes.

The pelvic examination is a critical tool to aid in the diagnosis of women's health conditions. It is an important skill necessary for students to master.

Your safety and dignity is of highest importance. All students and residents are under direct supervision during pelvic examinations.

**You may consent or refuse to consent** to an educational pelvic examination. Please check the box to indicate your preference:

I consent  I DO NOT consent to a medical student or resident being present to **perform** a pelvic examination for training purposes.

I consent  I DO NOT consent to a medical student or resident being present to **observe or otherwise be present** at the pelvic examination for training purposes, either in person or through secure, confidential electronic means.

\_\_\_\_\_ A.M. (P.M.)  
Date Time

\_\_\_\_\_  
\*Patient/Other legally responsible person signature Relationship (if other than patient)

\_\_\_\_\_ A.M. (P.M.) \_\_\_\_\_  
Date Time Printed name of provider/agent Signature of provider/agent

\_\_\_\_\_  
\*Witness Signature Printed Name

UMC 602 Indiana Avenue, Lubbock, TX 79415  TTUHSC 3601 4<sup>th</sup> Street, Lubbock, TX 79415  
 OTHER Address: \_\_\_\_\_  
Address (Street or P.O. Box) City, State, Zip Code

Interpretation/ODI (On Demand Interpreting)  Yes  No \_\_\_\_\_  
Date/Time (if used)

Alternative forms of communication used  Yes  No \_\_\_\_\_  
Printed name of interpreter Date/Time

Date procedure is being performed: \_\_\_\_\_



**RADIATION THERAPY-RISKS  
MALE PELVIS**

**A. Early reactions**

1. Inflammation of bowel causing cramping and diarrhea.
2. Inflammation of rectum and anus causing pain, spasm, discharge, bleeding, and hemorrhoid exacerbation.
3. Bladder inflammation causing burning, frequency, spasm, pain, and/or bleeding.
4. Skin changes: redness, irritation, scaliness, blistering or ulceration, discoloration, thickening, and hair loss.
5. Depression of blood count leading to increased risk of infection and/or bleeding.
6. In children, these reactions are likely to be intensified by chemotherapy before, during or after radiation therapy.
7. In children, depression of blood count leading to increased risk of infection and/or bleeding is more common.

**B. Late reactions**

1. Bowel damage causing narrowing or adhesions of the bowel with obstruction, ulceration, bleeding, chronic diarrhea, or poor absorption of food elements and may require surgical correction or colostomy.
2. Bladder damage with loss of capacity, frequency of urination, blood in urine, recurrent urinary infections, pain or spasm which may require urinary diversion and removal of bladder.
3. Changes in skin texture, discoloration, permanent hair loss, and scarring of skin.
4. Bone damage leading to fractures.
5. Testicular damage causing reduced sperm counts, infertility, sterility or risk of birth defects.
6. Impotence (loss of erection) and sexual dysfunction.
7. Swelling of the genitalia or legs.
8. Nerve damage causing pain, loss of strength or feeling in legs and loss of bladder/bowel control.
9. Fistula between the bowel and other organs.
10. In children, there may be additional late reactions.
  - a) Disturbances of bone and tissue growth.
  - b) Bone damage to pelvis and hips causing stunting of bone growth and/or abnormal development.
  - c) Secondary cancers developing in the irradiated area.



**SIDE EFFECTS OF RADIATION TREATMENT TO THE PELVIS (MALE)**

Possible Side Effects	Side Effect Management
<ul style="list-style-type: none"> <li>• Acute fatigue</li> <li>• Skin irritation; redness, dryness, thickening</li> <li>• Hair loss to treatment site</li> <li>• Inflammation of the bowel causing diarrhea, cramping, and gas</li> <li>• Inflammation of the rectum and anus</li> <li>• Hemorrhoid exacerbation</li> <li>• Urinary frequency</li> <li>• Difficult or painful urination</li> <li>• Urinary leakage</li> <li>• Blood in the urine</li> <li>• Rectal bleeding</li> <li>• Rectal leaking</li> </ul> <p>Possible Long term side effects:</p> <ul style="list-style-type: none"> <li>• Testicular damage, impotence and sexual dysfunction</li> <li>• Bowel and urinary changes</li> </ul> <p>Note:</p> <ul style="list-style-type: none"> <li>• You will not be radioactive</li> <li>• You may eat, drink, and take scheduled medications prior to your daily treatment</li> <li>• Exercise as tolerated</li> </ul>	<ul style="list-style-type: none"> <li>• Get adequate rest</li> <li>• Shower using mild soap</li> <li>• No harsh rubbing or scrubbing to treatment site; pat dry</li> <li>• Eat a healthy, well balanced diet</li> <li>• Take <b>Imodium AD</b>® for frequent loose bowel movements – may take up to 8 pills in a 24 period</li> <li>• Moisturize treated area with lubricant approved by your provider</li> <li>• Hydrate well; at least 10 glasses of water a day</li> <li>• Avoid direct heat and cold to the treatment site</li> <li>• Avoid hot tubs and saunas</li> <li>• Keep anal area clean and dry; wet wipes should be used in place of toilet paper to avoid irritation</li> <li>• Sitz baths are recommended for irritation of the skin to the groin and anus.</li> <li>• Patients should present with a full bladder and empty bowel for each daily radiation treatment. Drink at least 28 oz. of water. Avoid caffeine and juices as these drinks cause an increased urgency to urinate.</li> </ul>



## **CT SIMULATION INSTRUCTIONS FOR PELVIC RADIATION PATIENTS**

Your radiation oncologist has scheduled you for a special CT scan called a CT simulation. CT simulation is an important part of your radiation treatment planning. The images from the simulation help your doctor locate the tumor and better identify the treatment area. Simulation usually takes 30-60 minutes to complete. In special situations, it may take longer. During your simulation, your bowel must be empty of stool. Please follow these guidelines to ensure you are adequately prepared.

### **Evening before your simulation:**

- Eat a small evening meal
- Drink plenty of water
- Take a stool softener 1-2 tablets

### **Day of your simulation:**

- 1-2 hour prior to your simulation, take a Fleets type enema per instructions. **\*\*Note: the enema is only for the simulation procedure and is not required for your daily treatment. \*\***
- 1 hour prior to your simulation appointment, drink 20 ounces of water. Avoid caffeine and juices as these drinks cause an increased urgency to urinate. **Do not urinate until your simulation is complete.**

Unless directed otherwise, patient will be required to present with empty bowel and full bladder for each daily radiation treatment. Please check with your provider or nurse prior to initiating radiation treatment.

## **Caring for yourself during radiation treatment**

Follow your provider's orders. If you are unsure of the treatment you are receiving, ask your provider or radiation team. Side effects are not the same for all patients. **Note: radiation side effects are limited only to the area being treated.** Notify your provider if you experience new symptoms.

**For questions or concerns related to radiation treatment, contact your provider or nurse at (806) 775-8568. After 5:00 pm, on weekends and holidays, please call 806 775-8600. In the event of an emergency, call 911 or go to the nearest emergency center.**

*Our goal is to provide you with very good care.  
Thank you for choosing UMC Cancer Center Radiation Oncology*

*Service is our passion!*

